

**Presidency University Presents
For the 1st time on Campus**



**Youth Empowerment & Skills Workshop
By The Art of Living**

The Art of Living takes this opportunity to present to you one of the most popular life skills program for the youth ~ YES!+ (Youth Empowerment & Skills). YES!+ is a life skills program offered specially designed for college students. It aids in improving the overall performance, boosting confidence, enhancing creativity and communication and in developing leadership and team building skills amongst other areas of self-development.

PROGRAM BENEFITS



Stress Management



Leadership



Teamwork



Communication Skills



Decision Making



Analytical & Problem Solving



Dynamism & Entrepreneurship



Time Management



Interpersonal Skills



Volunteering Spirit

YES!+ programs are conducted at colleges and universities across the world and over the last 6 years, more than 200,000 students benefited from the program in India alone. In institutes such as XLRI-Jamshedpur, IMT-Ghaziabad, SIMC-Bangalore, YES!+ is a compulsory part of the Induction program.

We are having a 45 min Complimentary Session on The Yes!+ Workshop just for you in your college.

Do join in to know more about the workshop

Venue :AJC Bose Hall

Date :15th Oct

Time : 1.00-2.00 pm

Contact us for any query :9836376333